

Welcome to the ARIZONA PIONEERS' HOME



Dependent Miners

THE MISSION OF THE ARIZONA PIONEERS' HOME IS TO PROVIDE A HOME FOR ARIZONA PIONEERS AND DISABLED MINERS THAT DELIVERS THE OPTIMAL PHYSICAL, EMOTIONAL, AND SPIRITUAL CARE IN A HOMELIKE AND COMPASSIONATE ENVIRONMENT. QUALITY CARE IS PROVIDED IN A PROFESSIONAL MANNER, PROTECTING DIGNITY AND HONORING THE PERSONAL DIRECTIVES OF EACH RESIDENT, WHILE CONSIDERING THE UNIQUENESS OF EACH INDIVIDUAL

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Hello!

Allow me to introduce you to the Arizona Pioneers' Home! Here you will find answers to a lot of your questions. If you would like to talk after you read this, please don't hesitate to give me a call. I would love to help you find out if you or your loved one qualify to join our family here at the Home.

Please note: This packet has information for Dependent residents, who can only be Miners. Please read the section called "How Does the Pioneers' Home Define Independence?", to make sure you qualify as Dependent. If you think you qualify as an Independent resident (who can be a Miner or a Pioneer, upon admission), then please call our Administrative Services office at 928-277-2721.

Thank you,

Jeanette Means
Administrative Services
Arizona Pioneers' Home
(928) 277-2721
Email: Jeanette.Means@aph.az.gov
<https://pioneershome.az.gov>

Who Can Live at the Pioneers' Home?

Two groups of individuals qualify to live at the Home as residents.

- ◆ Arizona Pioneer – ARS 41-923: Arizona Pioneer, meaning a person of good character (per A.R.S. 41-923) that meets the following guidelines:
 - Is and has been for a period of five years prior to his application for admission a citizen or legal resident of the United States.
 - Has been a resident of this state for not less than fifty years.
 - Has reached the age of seventy or more years.
 - At the time of admission, is ambulatory, has proper bowel and bladder control and is able to bathe, clothe and feed himself without assistance.
 - At the time of admission, does not require care in a hospital or in a skilled care or intermediate care nursing home.
 - An applicant for admission to the home shall submit to the superintendent a verified financial statement showing all assets and income, a social and health history and the results of a current medical examination on forms furnished or approved by the superintendent.
 - The superintendent may admit a person to the home when a full examination and investigation reveal that the person possesses the qualifications prescribed by this section.

- ◆ Disabled Miner - ARS 41-942: A person, under the order of the Governor, may be admitted to the Hospital for Disabled Miners who:
 - Has been a resident while in the occupation of mining in this state.
 - Is a citizen or legal resident of the United States.
 - Has reached the age of sixty years or more, and is financially unable to support himself, or has suffered incapacitating injuries arising from and in the course of mining.
 - Based on available space and funding, the governor may approve a person for admission to the hospital for miners with disabilities who has not yet reached the age of sixty years but otherwise qualifies for admission under subsection A.
 - For the purposes of this section:

- "Claim" has the same meaning prescribed in section 27-301.
- "Mine" has the same meaning prescribed in section 27-301.
- "Mining":
 - Has the same meaning prescribed in section 27-301.
 - Does not include performing executive, administrative, support or clerical functions for the owner or operator of a mine, unless a person who performs executive, administrative, support or clerical functions for the owner or operator of the mine had significant environmental exposure to mining activities that could be detrimental to a person's health.
 - Does not include activities performed by an owner of a private mining claim who did not actually work the claim.

How does the Pioneers' Home define Independent/Independence?

As a **NEW RESIDENT** admitted as a "Pioneer" you must complete a 60-Day Adjustment Period in which you must remain independent in order to become a permanent resident of the Arizona Pioneers' Home. In order to ensure understanding, we have developed the following so that you may understand what the Home considers independence/independent and what you need to be able to demonstrate to complete the Adjustment Period successfully. It is not all inclusive but covers most of what nursing will evaluate you on. Note: If due to illness or injury you temporarily require additional care such as Arizona Pioneers' Home infirmary, hospital, or rehabilitation facility, once your independent abilities are regained, your 60-Day Adjustment Period may be extended by the number of days you were in the infirmary or out of the Arizona Pioneers' Home.

As a **1st and 3rd FLOOR PERMANENT RESIDENT, MINER OR PIONEER**, you must maintain your independence in order to remain on what is considered an independent floor of the Home. The following criteria shall also be considered in determining if you should move to the 2nd floor for infirmary care.

- Able to demonstrate continence or ability to manage bowel and bladder incontinence independently, no commodes permitted. Able to change and dispose of soiled briefs or pads in a sanitary manner by placing in a sealed bag and placing in garbage container. Ability to clean self, clothes and linens if incontinent and/or use a urinal and disposing of urine in the toilet and rinse in designated station only. Room must remain odor free.

- Able to bathe or shower independently and safely twice weekly and shampoo own hair at least once weekly. Ability to enter into shower stall or tub, turn water to a safe temperature and exit shower stall or tub without assistance from any other person. Able to dress in clean clothes after bathing/showering.
- Ability to ambulate independently and safely (with or without walker and/or cane) from designated room to lobby, dining room, or North Infirmary. No wheelchairs permitted on the 1st and 3rd floors. Able to ambulate safely outside of building to doctor appointments, work the elevator without assistance and navigate stairs in case of an emergency.
- Ability to locate important/significant areas of the facility - meaning your assigned room, nurse's station, lobby, restrooms and dining room without verbal or physical cues within two weeks of admission. Able to evacuate facility during an emergency with minimum verbal or physical cues.
- Able to maintain room cleanliness by keeping items picked up off of the floor, making bed daily, washing linens weekly & as needed, take garbage out to larger cans in the hallway, place incontinence pads and briefs tied up in smaller bags into the larger cans. Small items must be moved out of the way in order for housekeeping to clean the floors each week.
- Ability to care for your physical needs without assistance from others. Able to bathe, toilet, transfer, ambulate, feed, groom and dress yourself without assistance from others. Must attend at least two of the three daily meals each day in dining room.
- Able to manage day to day activities both physically and cognitively without excessive verbal cues.

What levels of care do you offer?

Only qualified disabled miners, physical or financial, are exempt from the 60-Day Adjustment Period in which a resident must remain independent in order to become a permanent resident of the Arizona Pioneers' Home.

- ▶ Supervisory care services – General supervision, including daily awareness of resident functioning and continuing needs. The ability to intervene in a crisis and assistance in the self-administration of prescribed medication. The facility is to be available for emergencies, reminding, and knowing the whereabouts of the resident.
- ▶ Personal care services – Assistance with activities of daily living.

- ▶ Directed care services - Incapable of recognizing danger, summoning assistance, expressing need or making basic care decisions.

Infirmary Care

- ▶ Residents needing additional assistance and monitoring will be assigned to a room in one of the Infirmaries. We have two infirmaries at the Arizona Pioneers' Home; they are known as the North and South Infirmaries.
 - South Infirmary: The South Infirmary is on the second floor and is staffed with both a nurse and 1-2 caregivers 24/7 to provide hands-on care and closer monitoring. Depending on the needs of the resident and the rooms available, South Infirmary is often housed with residents who need extra assistance with tasks like bathing, reminders to eat, incontinence care; including overall health and wellbeing support.
 - North Infirmary: The North Infirmary is on the second floor and is divided into two wards; the Women's Ward and the Men's Ward. It is staffed with 1-2 nurses and 2-4 caregivers 24/7. Depending on the needs of the resident and the rooms available, North Infirmary is often housed with residents who need assistance with most or all activities of daily living; including overall health and wellbeing support.

What is the cost of Infirmary Care?

- ▶ There is a monthly charge for infirmary care. A permanent move to the infirmary will be billed the current rate at the beginning of each month.
- ▶ The current monthly charges for Infirmary Care will be deducted from your account with an ACH withdrawal that is set up by the Accounting Department.
- ▶ Wi-Fi: Is offered at zero cost to each resident
- ▶ Cable: Is included in the Infirmary charge of \$125.00

Services Included in Infirmary care

Residents needing additional assistance and monitoring will be assigned to a room in one of the infirmaries for observation and assistance as needed. We have two infirmaries at the Arizona Pioneers' Home and they are known as the North and South Infirmaries.

- ◆ South Infirmary: South infirmary is on the second floor and is staffed with both a Nurse and a Caregiver 24/7 to provide hands-on care and close monitoring. Depending on the needs of the resident and the rooms available, South Infirmary is often housed with

residents who need extra assistance with tasks like bathing, reminders to eat, incontinence care; including overall health and wellbeing support.

- ◆ North Infirmary: North infirmary is on the second floor and is divided into two wards, one for women and one for men. It is staffed with 1-2 Nurses and 2-4 Caregivers 24/7. Our North Infirmary is often housed with residents who need assistance with most or all activities of daily living; including overall health and wellbeing support. North infirmary is also equipped with ceiling lifts which allows staff to care for our residents who may have advanced conditions.

The Arizona Pioneers' Home also has other options for additional care services which include:

- ◆ Directed Care: Residents who are incapable of recognizing danger, summoning assistance, expressing need or making basic care decisions. Directed care residents are given an orange bracelet so that our staff can identify them quickly in the event of an emergency.
 - Wander Management System: When a resident has been considered a wander risk they are given a black bracelet for the wander guard system. This allows staff to be warned when the resident is nearing or breaching an exit so that staff can redirect the resident to prevent elopement. When the resident is given a bracelet, they will also be considered directed care at that time.
- ◆ Infirmarys provide: shampoo, body wash, toothbrush, toothpaste, deodorant, denture adhesive, denture tablets, facial tissue and a selected assortment of incontinence products.
- ◆ Infirmarys also provide bi-weekly assisted baths and bed making.

Please note:

- ◆ Any miners who cannot live independently will be a direct admit to North or South Infirmary (shared room, no private rooms)
- ◆ Miners are exempt from the 60-Day Adjustment Period.
- ◆ Meals are served in the Dining Room, yet can be served in the Infirmary.
- ◆ A limited number of items should be taken to the Infirmary.
- ◆ All resident rooms in the infirmarys remain unlocked at all times, no room key will be given.

- ◆ The Arizona Pioneers' Home recommends residents living in the infirmary keep no more than \$5.00 in cash. Any valuables, debit/credit cards, jewelry are recommended to be put in the safe by the Resident Advocate. Residents are also encouraged to have a Guest Account set up for in-house expenses such as the Beauty Shop, outside laundry and Wal-Mart purchases made by the Resident Services office.
- ◆ Residents who move permanently to the infirmary are required to use beds provided by the Arizona Pioneers' Home and reduce personal belongings due to space limitations. Their own television/DVD and medium size non-fabric chair may be brought to the room. Other furniture arrangements are to be discussed at the time of Admission. *Refrigerators, microwaves and coffee makers of any kind are not permitted in the infirmaries.*
- ◆ Please see Resident Services for laundry assistance; paid services are available as well as in house.
- ◆ Residents that require more care than the Arizona Pioneers' Home can provide will be transferred to the hospital or to another facility, per R9-10-807 of the Arizona Administrative Code.
- ◆ Two weeks prior to intake (minimum one week), the following form, Infirmary Room Choices, must be turned in so our staff knows how to prepare the room.

Roommates/Private Room

- Direct admit to North or South Infirmary (shared room, no private rooms)
- When an incompatibility situation arises between roommates that cannot be resolved, both residents will be moved.
- Upon admission, each resident signs a statement which reads, "I understand that I may be asked to move from one room to another and that I will do so willingly."

What is the cost of living at the Arizona Pioneers' Home?

- ◆ If you are a qualifying Disabled Miner, physical or financial, the only charge to live at the Arizona Pioneers' Home is the \$125.00 infirmary charge. Please refer to page 5 to see what that charge covers.

Who pays for what?

- ▶ If medical services, treatments, prescriptions, and related items extend beyond the normal Medicare payment limits, the resident will be billed separately by the provider.
- ▶ Arizona Pioneers' Home will cover the remaining balances due, which could include deductibles, co-pays, and other.
- ▶ Exceptional costs are subject to review and approval by the Superintendent.
- ▶ Residents wishing to continue treatments that are not covered by Medicare will be responsible for payment of any related costs.
- ▶ Any questions residents have about specific services and procedures should be discussed with Nursing staff, and the Accounting Supervisor before incurring the expense.
- ▶ Residents requiring specialty care that cannot be performed by Arizona Pioneers' Home's contracted providers' may be referred to specialists and clinics that accept Medicare assignment when possible.

Medications

- ▶ Drugs and medicine are dispensed to residents as prescribed by a medical provider.
- ▶ Residents are not permitted to keep any type of prescription or over-the-counter medication in their room unless approved by the nursing staff and ordered by the Primary Care Provider.

Meals

- ▶ Three meals are offered each day. Snacks are always available.
- ▶ Residents may go at any time during dining times to be served. Serving times are:
 - Breakfast 6:30 a.m. through 8:30 a.m.
 - Lunch 11:00 a.m. through 12:30 p.m.
 - Supper 4:00 p.m. through 5:30 p.m.
- ▶ Seating is assigned in the Dining Room.
- ▶ If space is available, guests may be accommodated for a small charge. A 24-hour notice should be given when requesting to have a guest.
- ▶ Residents are offered choices from daily menus, which are modified as dietary needs indicate.

Church Services

- ▶ The chapel is open at all times, and open to all residents, regardless of denomination.
- ▶ Regularly scheduled services from a variety of denominations are held, and they are listed on the Activity calendar, along with the bulletin board outside the Chapel.

What type of activities does the Pioneers' Home offer?

At the Arizona Pioneers' Home, you can be as active as you want to be! Here is just a sample of the activities that our Activities program offers.

On site activities can include:

Live entertainment	Arts and crafts
Live exercise classes	Group walks
Cooking demonstrations	Therapeutic animal visits
Birthday parties	Church services/bible study
Celebratory events	Public library services
Active games	Talking Book Program
Support groups	Ice cream socials
Special guest speakers	Bingo!

The Activities department also keeps our residents busy outside of the Home with activities such as Lunch Bunch, shopping trips, scenic drives, and special outings.

Beauty/Barber Shop

The Beauty Salon/Barber Shop is located in the Lobby on the 2nd floor.

- ▶ The salon is operated by a contracted provider.
- ▶ All salon fees are the responsibility of the resident.
- ▶ Beauty Salon/Barber Shop is generally open for business two or more days each week.

Phone Line

- ▶ Telephone service is coordinated through the Resident Services office. Residents requesting a landline phone assume the responsibility to pay installation charges and monthly phone bills, as well as disconnect and reinstallation charges if there are any.
- ▶ A community phone is located on the 3rd floor outside of the conference room. It is for local calls only. Long distance calls must be made with either a pre-paid calling card, or collect.
- ▶ Infirmary residents may receive calls at the nurse's station on a designated cordless phone.

Wi-Fi

- ▶ Wi-Fi is offered at zero cost to all residents.

Cable

- ▶ Cable service is available in each room at Arizona Pioneers' Home. The cable charge is included in the monthly infirmary fee.

Laundry

- ▶ The Pioneers' Home Laundry Rooms:
 - There are two laundry rooms for resident use at no charge.
 - Washers and dryers are not coin operated.
 - Residents supply their own laundry detergent, non-chlorinated bleach and dryer sheets.
 - Sheets and towels:
 - ◆ If you choose to bring your own, you will be responsible for washing them.
 - ◆ If you use Arizona Pioneers' Home sheets & bath towels our staff will wash them.
- ▶ Contracted Outside Laundry Service (paid for by the resident):
 - Laundry goes out on Monday and returns the following Monday.
 - The resident will receive 2 blue bags at a time.
 - There is a 10-pound minimum.

- No blankets or sheets are allowed.
 - ◆ If a resident normally uses the laundry service, our staff will wash their sheets and blankets at no extra charge as long as they are marked with their name.

► Friends/Family:

- You can send your laundry home with a family member to do at their place and they can bring it back to you.
- The resident will receive 2 red bags at a time.
- The resident's laundry should be picked up to launder at least once per week.
- The family should plan on returning the clean laundry with a reasonable turnaround time.

APPLICATION for ADMISSION

The Application for Admission includes all documents that apply to both Pioneers and Miners. There are a few documents that only pertain to each status so they are in separate packets. Once it is determined which you qualify for, you will receive the appropriate packet.

1. Medical Record Requests: Our staff will request all records from every provider you have seen in the last two years.
2. Required Healthcare Provider Documents: The applicant will need an appointment for a physical with their primary medical provider, and also an eye doctor and dentist appointment. There are four pages for your primary medical provider to fill out, and one page each for both your eye doctor and your dentist.
3. Healthcare and Financial Directives: The Home requires that each applicant/resident have the following directives: Healthcare, Mental Health, Financial, Living Will and either a DNR or a Full Code. We can offer these forms to fill out if you don't already have them.
4. Additional Required Documents: Seven forms that cover everything else!
5. Consumer Report: Pursuant to A.R.S. 41-923(A, C) and in connection with your application for residency, we need to procure certain background information concerning you which is contained in a consumer report.

Insurance Requirements for both Pioneers and Miners

- ❑ A resident must maintain either VA coverage, **OR**, Medicare Parts A & B and a supplemental plan that has a separate Medicare Part D plan, **OR** Medicare Parts A & B and AHCCCS coverage, **OR** an Advantage plan that includes Medicare Part D (Drug plan). All insurance coverage must be valid in Yavapai County.
- ❑ A resident is required to maintain insurance coverage that covers the cost of prescription medication. If medication is not covered by VA or AHCCCS, the resident must maintain a Medicare Part D insurance policy while they are a resident of the Arizona Pioneers' Home. This must be either in a standalone Part D policy or part of an Advantage plan.

Qualifying Document Packets

MINER'S PACKET

There are two packets for Miners depending on your qualification for residency: Physically Disabled Miners, and Miners Qualifying Financially. Those packets include:

Physically Disabled Miners

- ▶ Disabled Miner Physicians Certificate
- ▶ Affidavit of Mining Employment (must be notarized)

Miners Qualifying Financially

- ▶ Miner's Financial Attestation
- ▶ Affidavit of Mining Employment (must be notarized)

What can I bring?

2nd floor infirmary residents only.
As it is impossible to list everything, this list is not all inclusive.
Please ask about anything not listed.

What you SHOULD bring (and we do not supply)	
Footwear	Shoes, bedroom slippers with grips on the soles
Clothing	At least 2-3 weeks worth of clothing. Don't forget pajamas, and a robe.
Electronics	Chargers or USB hubs, batteries. Cordless (wireless) headphones if you are in a shared room.
Bathroom essentials	THE INFIRMARY WILL SUPPLY: shampoo, body wash, toothbrush, toothpaste, deodorant, denture adhesive, denture tablets, facial tissue and a selected assortment of incontinence products.
Office Supplies	Paper, envelopes, stamps etc.

Allowed	
Blow dryers, curling irons, electric rollers	ONLY if they have an automatic shut off & U/L approved cords
Sheets & towels	Arizona Pioneers' Home can provide or use your own
Shelves	Must be purchased by the resident and approved by Maintenance. Maintenance will install them.
Landline telephone	Available at the resident's expense. See the Resident Services office for assistance.
Television	See Resident Handbook for details
DVD, radio & computer	As space allows
Fans and Lamps	As space allows
Wall decorations	May not cover more than 20% of the walls - Maintenance will assist.
Photos and Keepsakes	As space allows
Microwave/Refrigerator	Not allowed in the infirmary rooms.
Furniture	You are required to use beds provided by the Home and reduce personal belongings due to space limitations.

ALL items (including electronics or any appliance) are subject to approval, denial and/or possible removal at any time during admission or residency.

NOT ALLOWED	
Toxic, flammable or combustible	Ask Maintenance if you don't know
Open flame	No candles or anything with an open flame
Pets	This includes any domestic or non-domestic living, breathing creature (mammal, amphibian, reptile, fish, bird, insect, etc.)
Window Treatments	No window treatments of any kind, including curtains.
Extension cords	See Electrical Connections for details
Microwave/Refrigerator	Not allowed in the infirmary rooms.
Other Appliances	No traditional coffee pot/maker, hot plate, toaster or toaster oven
Heaters	No portable heating devices, including electric fireplaces
Heated Linens	No electric heating pads or blankets
Electric mobility devices	Electric wheelchairs, scooters, etc.
Scents	No perfumes, colognes

ARIZONA PIONEERS HOME TV CHANNEL GUIDE					
2	APH Channel	19	History	36	Az Family
3	ABC-15 KNXV	20	Freeform	37	TBS
4	CBS-5 KPHO	21	Hallmark Movies	38	TLC
5	NBC-12 KPNX	22	AMC	39	Tv Land
6	FOX-10 KSAZ	23	Turner Classic Movies	40	TNT
7	PBS-8 KAET	24	National Geographic	41	USA
8	CW-KASW	25	CMT	42	Universo (Spanish)
9	ESPN	26	FX	43	Trinity Broadcast
10	Espn2	27	Hallmark	44	A&E
11	Ion	28	Trutv	45	Sundance
12	Bally - Az Regional Sports	29	Fox News	46	Classic Country
13	Fox Sports	30	CNN	47	Discovery
14	NBC Sports	31	Paramount	48	Accuweather
15	BYU	32	E! Entertainment	Brought to you by 	
16	Insp	33	Lifetime		
17	Comedy Central	34	HGTV		
18	Animal Planet	35	Food Network		



Thanks again for your interest in the Arizona Pioneers' Home.
Give us a holler so we can determine if you qualify as a Pioneer or a Miner,
so we can send you the application.
And let us know if you want to come up for a chat on the front porch,
or to pick up an application in person.

WE LOOK FORWARD TO HEARING FROM YOU SOON!